

Low back pain - Indicators and Standards

Domain	Number	Indicator	Type	Time Reference	Standard
Anamnesis	1.	Proportion of patients with low back pain who have had sufficient anamnesis taken (location of pain, duration of symptoms, history of previous back pain, sick leave, medication, co-morbidity, subjective pain rating, red flags)	Process	At first visit	≥ 90 %
Discogenic back pain	2.	Proportion of patients with low back pain and leg pain who have been examined for centralization of symptoms using repeated movements	Process	At first visit	≥ 50 %
Neurology	3.	Proportion of patients with low back and leg pain who have had adequate neurologic examination (Straight leg raise, femoral stretch, muscle strength, sensory exam, reflexes)	Process	At first visit	≥ 90 %
Radiology	4.	<ul style="list-style-type: none"> a. Proportion of patients with low back pain who have been diagnostic imaged, and indication is present b. Proportion of patients with low back pain who have not been diagnostic imaged, and no indication is present 	Process	During treatment	≥ 80 %
Classification	5.	Proportion of patients with low back pain for whom Quebec Classification for Spinal Disorders have been recorded	Process	During treatment	≥ 90 %
Exercise therapy	6.	Proportion of patients with low back pain of > 6 weeks duration who have been instructed in exercise therapy	Process	During treatment	≥ 90 %
Outcome assessment	7.	Proportion of patients with low back pain for whom outcome have been assessed using global rating	Process	Between 4th and 5th visit or at least one month after first visit	≥ 95 %
	8.	Proportion of patients with low back pain who describe their changes in symptoms as "much better" or "better"	Outcome	Between 4th and 5th visit or at least one month after first visit	≥ 50 %
Re-evaluation	9.	Proportion of patients with low back pain who do not report relevant improvement (changes in symptoms less than "much better" or "better") after 3rd treatment, who have had their treatment plan re-evaluated	Process	At 5th visit or at least one month after first visit	≥ 90 %